



ADVANCED AESTHETICS

Advanced Techniques, Beautiful Results

SmartLipo Pretreatment Instructions For Patients

Blood test maybe required prior to treatment. Have blood tests at least 1 week prior to the procedure.

If a medication is prescribed, please fill the prescription and take medications as indicated:

Arrange for transportation to and from the office. You should not drive after procedure for 24 hours or until no longer taking narcotic pain medication.

If you take a blood thinner (baby aspirin, Coumadin®, Plavix®, etc.) please let us know as this affects your care and post-surgical treatment.

No aspirin, or ibuprofen one week prior to the procedure. Also discontinue all multivitamins, St. John's Wort, and Vitamin E.

No alcohol for 48 hours prior to the procedure.

Drink 1-2 quarts of water daily for one week prior to the procedure.

Please shower the night before and the morning of surgery with Hibiclense, lathering minutes before rinsing. See the product instruction sheet for additional directions.

Do not apply any creams or make-up the day of the procedure to the body.

Wear a sport-bra; bring extra underwear; wear sweats or loose fitting clothing.

Please wear comfortable clothes. If you are normally cold, you may want to wear warm clothes as our offices may seem chilly. A button shirt may be easier for you to remove when you get home..

Prior to your procedure, you should have a light meal.